Medical Documentation for Children

A completed and approved WIC Form FD 941C is required to provide exempt formulas, WIC-approved medical foods and supplemental foods for children ages 1 to 5.

A. WIC formulas (includes exempt formulas and contract formulas) if prescribed.

B. Foods in the standard food package require a prescription when a formula has been prescribed. **Note:** If a formula has not been prescribed, foods in the standard food package are issued without prescription.

C. Baby cereal.

D. More than one pound of cheese.

E. Any amount of tofu.*

F. Any amount of soy beverage.*

* Any child who is a practicing vegan, as documented by the Health Care Provider (HCP) on the WIC Form FD 941C is allowed to receive tofu and/or soy beverage without a qualifying medical diagnosis.

A completed and approved WIC Form FD 941C is required to provide exempt formulas, WIC-approved medical foods and supplemental foods for children ages 2 to 5.

A. Whole milk. WIC provides low/reduced/non fat milk for children ≥2 years. Only participants receiving exempt formula/WIC-approved medical foods who require additional calories qualify to receive whole milk. **Note**: A new WIC Form FD 941C is required when the child's category changes from C1 to a C2 on the day of the child's second birthday.

WIC Staff Responsibilities:

A. Review the likelihood of a qualifying medical diagnosis with the caregiver to determine whether it is realistic to take the additional time, effort and cost for both the caregiver and the HCP to get the WIC Form FD 941D completed. **Note:** Clinic staff should offer the caregiver lactose reduced and lactose free milk before additional cheese, tofu and/or soy beverage is prescribed to a child with lactose intolerance.

B. Document prescription information into SWICH.

C. Issue checks for the WIC formula and foods as prescribed by the HCP.

1. For children prescribed whole milk, the entire amount of milk provided in the food package is whole milk; 2%, 1% or non fat milk are not allowed.

2. For children prescribed baby cereal, the entire amount of cereal provided in the food package is baby cereal.

Maximum Monthly Amounts for Children
Receiving WIC Exempt Formulas, Medical Foods and/or Supplemental Foods

Foods	**Children** (1 to 5 years of age)
Formula	910 fluid ounces reconstituted liquid concentrate
Juice	2 – 64 ounce containers
Whole milk (fluid, dried, evaporated)	16 quarts
Low fat milk (fluid, dried, evaporated)	16 quarts – 2%, 1% or non fat
Cereal	36 ounces
Cheese **Remove 3 quarts milk = 1 pound cheese**	No more than 1 pound of cheese without qualifying medical diagnosis
Eggs	1 dozen
Fresh Fruits and Vegetables	$6.00
100% Whole wheat bread, whole corn tortillas, brown rice, oatmeal, or bulgur	2 pounds
Dry beans **&/or peanut butter**	1 pound or 1 jar 16 – 18 oz.
Baby cereal	Replaces 36 ounces of cereal if prescribed
Whole milk	Replaces 16 quarts low fat milk if prescribed
Additional cheese (more than 1 pound)	May prescribe up to 4 additional pounds for 12 quarts for milk (for a total of 5 pounds of cheese)
Soy beverage	May prescribe up to 16 quarts in place of milk
Tofu	May prescribe up to 16 pounds in place of milk