

# Tobacco Facts

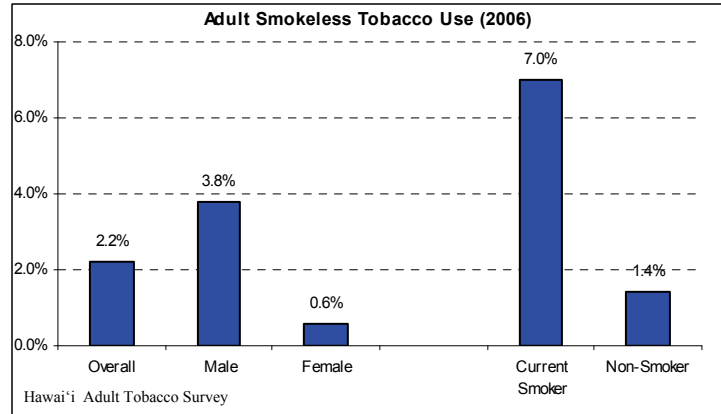


Hawaii Tobacco Prevention and Education Program

## Smokeless Tobacco

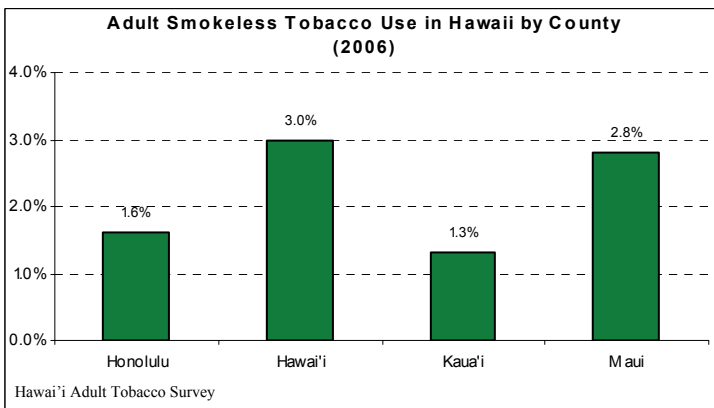
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- Smokeless tobacco comes in many different forms: chewing tobacco (loose leaf, plug or twist) and snuff (moist, dry, or sachets). Alternative smokeless products are also emerging such as: snus, which is a form of moist snuff.<sup>1</sup> Smokeless tobacco contains more nicotine than cigarettes. The nicotine content of 1 can of snuff is equivalent to 60 cigarettes.<sup>2</sup>
- Using smokeless tobacco can cause cancer of the throat, larynx, and esophagus. Smokeless tobacco damages the lips, tongue, cheeks, and the floor and roof of the mouth. It can also lead to high blood pressure, gum disease, loss of bone in the jaw, and tooth decay.<sup>2</sup>



### Prevalence of Smokeless Tobacco Use in Hawaii'i

- While reported cigarette smoking is now at 15.4%, there has been a recent increase in the use of smokeless tobacco products.<sup>3,5</sup>
- Smokeless tobacco use is increasing among Hawaii's youth and is slowly rising among adults.<sup>6,3</sup>
- In 2006, current cigarette smokers were more likely to use chewing tobacco or snuff (7.0%) compared to non-smokers (1.4%).<sup>3</sup>
- Among adult smokeless tobacco users, in 2006, men were more likely to use smokeless tobacco products than women; 3.8% compared to 0.6% and nationally in 2006, 6.6% of men currently use and 0.3% of women.<sup>3</sup>
- In 2006, among young adults aged 18-25 living in the United States, 5.2% were current users of smokeless tobacco. Among adults aged 26 and older, 3.2% were current users of smokeless tobacco.<sup>4</sup>



#### References

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