



Hawaii Access To Recovery

Service Definitions At-a-Glance

CHILD CARE SERVICES

- Child Care
- Respite Child Care
- Structured Program (e.g. set tuition, partial tuition, specific program costs, etc)
- Child Care Support (i.e. assisting client with finding appropriate child care)

Child care is considered a non-overnight, planned, scheduled service during the hours that a client is enrolled in and attending treatment, recovery support activities, ATR services, or is engaged in employment related activities for which he or she is being compensated. Respite (emergency) child care is considered a non-scheduled, single episode of care, of short duration (eight (8) hours or less). Respite child care voucher issuance and billing requires prior authorization by ATR staff or ADAD administrators.

Child care support assists the client in securing long-term, appropriate, safe, and clean child care where alcohol and other drug use is not likely to be accepted or encouraged. Providers who offer child care support may also provide on-site child care, but it is not required.

HOUSING SUPPORT SERVICES

- Housing Support (i.e. assisting client with finding appropriate housing)
- Housing Subsidies (i.e. reimbursement for 1st month and deposit for client)

Housing support services are services that assist the client in securing long-term, appropriate, safe, and clean living housing where alcohol and other drug use is not likely to be accepted or encouraged.

Sober Support Activities

SPIRITUAL SUPPORT SERVICES (Group & Individual)

- Pastoral Counseling
- Clinical Counseling
- Spiritual Coaching

Spiritual support providers offer a variety of recovery support services that incorporate faith and specific religious beliefs and convictions in the recovery process. They are designed to assist the client in developing their own spirituality as an integral part of recovery.

Pastoral counseling may include, but is not limited to, a client meeting with a minister, priest, rabbi, imam, monk, or other qualified person to study the application of a religious text to recovery, for support during a crisis, to determine a recovery plan, or to receive instruction in religious rituals that provide meaning and can replace using substances. This may include structured discussions about the philosophy of religion or integration of spiritual tenets into daily living and sobriety. Services may be provided on an individual basis or in a group setting.



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Clinical counseling may focus on specialized areas of need related to substance abuse, such as associated traumatic experiences or resulting post-traumatic stress disorder, marriage and family counseling, or assisting clients and their family members in various crises as a result of substance abuse. Services may be provided on an individual basis or in a group setting.

Spiritual coaching may cover practices and principles such as establishing a relationship with a higher power, identifying a sense of purpose and mission in one's life, achieving serenity and peace of mind, balancing one's body, mind, and spirit, utilizing spiritual practices, such as prayer, meditation, directed prayer or holy-book studies. Services may be provided on an individual basis or in a group setting.

CULTURAL PRACTICES

(May include things like cultural healing arts like Hawaiian Ho`oponopono or Native American sweat lodges; Japanese flower arrangement, Ichibana; and other similar cultural practices.)

Cultural Practices are activities rooted in a specific culture or heritage. Hawaii is home to many different cultures and therefore, by definition, cultural practices shall encompass those from any culture as long as those practices support alcohol and drug free living and is culturally appropriate.

TRANSPORTATION

Transportation, for the purposes of ATR, is considered to be mass transit vehicles such as taxis, cabs, van or multi-passenger vehicles.

Bus – currently the ATR program offers qualified clients, bus passes which are good for transportation on the Honolulu City & County “TheBus” transit system.

Taxi – The ATR program is soliciting Memorandums of Understandings (MOUs) from companies to provide taxi services, but no services are available at this time.

Van/Multi-passenger vehicles – The ATR program is soliciting Memorandums of Understandings (MOUs) from companies, organizations, Churches, and other groups to provide van transportation, but no services are available at this time.



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EDUCATION AND TRAINING (Group & Individual)

Education and Training programs and activities are designed to assist the client in obtaining necessary skills to be a successful and productive member of the community and offers skill building topics including, but not limited to, money management, personal growth, responsible decision making, and vocational training. It is also meant to provide the client with tools that promote a healthy lifestyle and strengthen family, work, and social environments.

SOBER SUPPORT ACTIVITIES

Sober Support Activities are social activities that support a clean and sober lifestyle. Sober Support Activities may be faith, culture, or community based activities that provide the client a healthy alternative to using controlled substances. Sober Support Activities may include, but are not limited to, cultural activities (e.g. outrigger canoe paddling, hula, taiko drumming), church or faith activities (e.g. church league softball, craft making), athletic activities, martial arts, and meditation, yoga, and other like activities.

RECOVERY SUPPORT SERVICES (“RSS”) UNIT

The Recovery Support Services (“RSS”) Unit is the intake, assessment, referral, and follow up center for the Access to Recovery (“ATR”) Project. The RSS Unit is responsible for receiving referrals from Child Welfare Services (“CWS”) and substance abuse treatment programs, conducting client intakes, performing RSS, follow up, discharge, substance abuse assessments (if not previously completed), and linking clients to services and programs. The RSS Unit’s purpose is to develop and maintain positive relationships with the client, referral sources, and RSS providers to facilitate the client’s success in treatment and recovery from substance abuse.