

New DVDs

- DVD 90** **SILICA SAFETY AWARENESS**
(14 min. Color 2008 1 DVD Facilitator guide Employee handbook)
This program can be used for employers and employees in industries where there is a potential of exposure to silica, e.g. construction, sandblasting, manufacturing and distribution of construction materials, etc. It presents general information on health risks, maintaining a healthy work environment (air monitoring, engineering controls and respirator selection) and best work practices (using appropriate personal protective equipment and following procedures to maintain the effectiveness of the equipment, good housekeeping, personal hygiene, etc.). NOTE: Refer to Hawaii's permissible exposure limits, time-weighted average (PEL-TWA) for silica (Table 202-1, Limits for Air Contaminants 12-202 H.A.R.) – Summit Training Source.
- DVD 91** **STORED ENERGY: THE HIDDEN HAZARD**
(18 min. Color 2007 1 DVD Leader's guide)
While most people think of mechanical and electrical energy when discussing "stored energy", potential stored energy, such as from the sheer weight of things and elastic stored energy as from ropes and cables are other sources of serious injuries. To protect workers, it is important to raise their awareness of stored energy hazards and to encourage them to be more observant at the workplace. Examples of stored energy are shown in various areas in the workplace – receiving, bulk storage, warehouse and maintenance areas. In addition, some precautions are explained to prevent these hazards. – Aurora Pictures/ American Training Resources.
- DVD 92** **LOCKOUT/TAGOUT OF CONSTRUCTION EQUIPMENT**
(24 min. Color 1998 1 DVD)
This program discusses how to identify the various sources of stored hazardous energy in construction equipment and some methods to isolate or disable those sources to prevent incidents and accidents associated with the service and repair work performed on those equipment. It also provides information regarding the six steps of the lockout/tagout procedures and the types of energy affected. – VISTA Training/RM Distributors.
- DVD 93** **SAFE USE OF HAND TRUCKS, DOLLIES & PALLET JACKS**
(23 min. Color 1992 1 DVD Instructor guide Study guide)
Covered in this program are the various types of manual moving equipment and their uses, such as hand trucks, drum handlers, piano and furniture dollies, pallet and platform trucks and service carts. Safe equipment use, including ergonomic information, as well as correct maintenance practices are demonstrated and described. – Media Resources, Inc.

- DVD 94 EXCAVATIONS: SAFE WORK ESSENTIALS**
(16 min. Color 2008 1 DVD Facilitator's guide Employee handbook)
Topics covered include (1) what are excavations (e.g. types of soil, competent person), (2) potential hazards (e.g. cave-ins, utility lines, confined spaces), (3) protective measures (e.g. soil testing, shielding, shoring, sloping) and safe work practices (e.g. entry into and exit from excavations, use of equipment around excavations, personal protective equipment). – Summit Training Source.
- DVD 95 OFFICE ERGONOMICS TODAY**
(16 min. Color 2001 1 DVD Facilitator's guide Employee handbook)
Goes over a brief explanation of the science of ergonomics; definitions, causes and risk factors of musculoskeletal disorders (MSDs) in the office environment; common symptoms of MSDs; the importance of proper posture; organizing your workstation; exercises to relieve stress; and some best practices. – Summit Training Source.
- DVD 96 OVEREXERTION INJURY PREVENTION**
(14 min. Color 2004 1 DVD Facilitator guide)
Overexertion injuries, e.g. strains, sprains, musculoskeletal disorders, back injuries, make up a large percentage of worker injuries and cost businesses billions of dollars. To create awareness to avoid these injuries, the following topics are covered: how the body works, risk factors and injury causes, common symptoms, prevention measures including the importance of proper posture, manual lifting and stretching. – Safety Productions/ICON Training Materials of Iowa.
- DVD 97 DRIVEN TO DISTRACTION**
(16 min. Color 2008 1 DVD Leader's guide in English, Spanish, Portuguese Employee handbook)
This program stresses the importance to avoid common distractions that take your attention away from driving. These distractions include using cell phones, eating and drinking, turning on the radio, reaching for items in the car, looking at children in the back seat or maps, and thinking of many other things while driving. It also addresses hurrying, not getting enough sleep, being tired, being angry and following too close. Our full attention should be on driving to decrease the odds of getting into an accident. – Coastal Training Technologies, Inc.
- DVD 98 CHEMICAL HANDLING SAFETY: FLAMMABLES**
(17 min. Color 2004 1 DVD in English, Spanish, Portuguese Leader's guide Employee handbook)
Flammables can be found in many workplaces, so this program is designed to educate employees about working safely with these chemicals. Among the topics discussed are what are flammables; how are they identified, including labeling; the basics of fire; handling and storage, including using the MSDS and good housekeeping; and emergency response. -- Coastal Training Technologies.